

Solution to prevent social isolation for the elderly

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Phase: Testing

01 days 09:09:15

lorenzoferi 04.05.2015

Edit



www.askgrandma.com

My grandma is passed away, sadly. She was a great cook and so I tried to learn as much as I could in the kitchen from her. Now, I wish I could learn more!

Generalizing the concept, there is a lot of precious knowledge/experience/knowhow embedded in 'our grandparents', why not giving them a chance to share it again?

How about the website: www.askgrandma.com, where youngsters can refer to to ask free advices, suggestions or even counseling from elderly? You could have your private cooking lessons (for free) hosted via askgrandma.com! ...you may have a chance to learn how to cook Italian ;)

Comments

sander-barake 04.05.2015

Moderator



Lorenzo

I like it. We can even combine it with my student cooking idea. It is all about sharing between elderly and the younger generation!

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Like

lorenzoferi 04.05.2015



Sander, good idea!

To add some further thinking: you can ask grandma to help doing your math homework, or teach history

1



Unlike

satoshiguchi 05.05.2015



I like this idea. Grand mom has a lot of tips, most of whom have been forgotten. These types of tips are not only cooking but also just small tips which makes life better.

1



Unlike

markstoutjesdijk 05.05.2015



This is a great way to use the new communication medium of internet. We will, however, have to look at access and understanding. I am not sure if many of the lonely elderly are comfortable with computers, for example.

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Like

sander-barake 05.05.2015

Moderator



Mark, I agree this is a concern, however only for the next 5 years or so. The "new" elderly are becoming more and more tech savvy and there is also some innovation on the usability for the elderly. For example there are already many real life projects with ipads in elderly care

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Like

lorenzoferi 05.05.2015



Agree with Sander. The 'new' elderly generation will be PC-savvy... people like us ;)

1



Unlike

markstoutjesdijk 05.05.2015



Sure, but I can guarantee you that they will _always_ feel one step behind. So, in my opinion, they will be able to use new media but I'm not counting on them joining cutting edge platforms on a massive scale...

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Like

lorenzoferi 05.05.2015 (Updated at 05.05.2015)



I actually agree Mark, i already find myself lagging behind the new kids generation and their technologies...

I guess the challenge we will have is how to adapt the technology to the elderly mental frameworks, rather than trying to adapt the elderly mental framework to the technology. But that seems a feasible challenge!

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Like

markstoutjesdijk 05.05.2015

Glad you admitted to it first ;-)



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Like

markstoutjesdijk 09.05.2015



Maybe the cooking/food matching thing could be slightly extended: a "help needed" section where either the older or the younger person can post a particular need.

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Like

sander-barake 10.05.2015

Moderator



We have mentioned the issue of security: we must make sure that no-one takes advantage of access to vulnerable persons. So maybe we can set the idea up together with student organisations and local government to get some official registration process in place

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Like

sander-barake 10.05.2015

Moderator



And perhaps students can "earn" some credits if they participate.

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Like

sander-barake 10.05.2015

Moderator



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Like

markstoutjesdijk 10.05.2015



The key contribution that we could probably make, is a simpler, more efficient and pleasant match between the two people. The ideas of student-cooking and "ask grandma" already exist, but current initiatives reach insufficient people.

We need to make it wide-spread. Credits are nice, for the students. For the elderly, we could perhaps reach out to GP's (family doctors) of the old people; they are usually concerned with this stuff. A step further: get special interest groups involved that support, for example, elderly who have a partner with Alzheimer, or who just lost their partner.

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Like

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