# Solution to prevent social isolation for the elderly

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Phase: Testing

01 days 09:09:15

lorenzoferi 04.05.2015







## www.askgrandma.com

My grandma is passed away, sadly. She was a great cook and so I tried to learn as much as I could in the kitchen from her. Now, I wish I could learn more!

Generalizing the concept, there is a lot of precious knowledge/experience/knowhow embedded in 'our grandparents', why not giving them a chance to share it again?

How about the website: www.askgrandma.com, where youngsters can refer to to ask free advices, suggestions or even counseling from elderly? You could have your private cooking lessons (for free) hosted via askgrandma.com! ...you may have a chance to learn how to cook Italian;)

□ Comments

sander-barake 04.0	5.2015
	n even combine it with my student cooking idea. It is all about ly and the younger generation!
O	Like
lorenzoferi 04.05.20	015
Sander, good i  To add some for homework, or teach homework.	urther thinking: you can ask grandma to help doing your math
1	Unlike
satoshiguchi 05.05.:	2015
	Grand mom has a lot of tips, most of whom have been se types of tips are not only cooking but also just small tips r.
1	

#### markstoutjesdijk 05.05.2015

This is a great way to use the new communication medium of internet. We will, however, have to look at access and understanding. I am not sure if many of the lonely elderly are comfortable with computers, for example.

() Like

#### sander-barake 05.05.2015

#### Moderator

Mark, I agree this is a concern, however only for the next 5 years or so. The "new" elderly are becoming more and more tech savvy and there is also some innovation on the usability for the elderly. For example there are already many real life projects with ipads in elderly care

0

Like

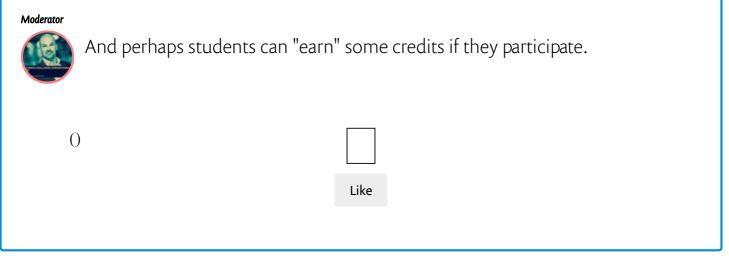
#### lorenzoferi 05.05.2015

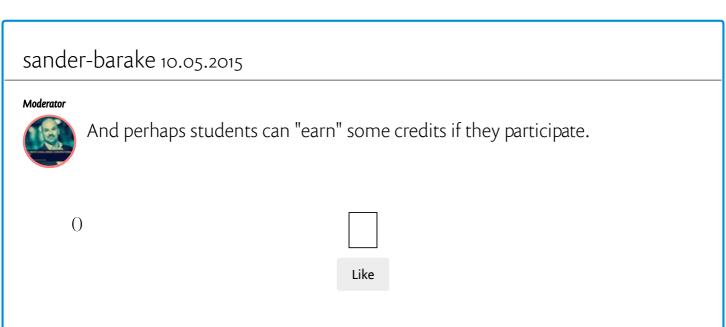


Agree with Sander. The 'new' elderly generation will be PC-savvy... people like us;)

1							
	Unlike						
markstoutjesdijk 05.05.2015							
Sure, but I can guarantee you that they will _always_ feel one step behind. So, in my opinion, they will be able to use new media but I'm not counting on							
them joining cutting edge platforms on a massive scale							
O							
	Like						
lorenzoferi 05.05.2015 (Updated at 05.05.2015)							
I actually agree Mark, i already find myself lagging behind the new kids generation and their technologies							
I guess the challenge we will have is how to adapt the technology to the elderly mental frameworks, rather than trying to adapt the elderly mental framework to the technology. But that seems a feasible challenge!							
0							
	Liko						
	Like						
	Like						
markstoutjesdijk 05.05.2015	Like						

0	Like
markstoutjesdijk 09.05.2015	
	ching thing could be slightly extended: a "help the older or the younger person can post a
O	Like
sander-barake 10.05.2015	
takes advantage of access to v	e if security: we must make sure that no-one rulnerable persons. So maybe we can set the idea as and local government to get some official
O	Like
sander-barake 10.05.2015	





### markstoutjesdijk 10.05.2015

The key contribution that we could probably make, is a simpler, more efficient and pleasant match between the two people. The ideas of student-cooking and "ask grandma" already exist, but current initiatives reach insufficient people.

We need to make it wide-spread. Credits are nice, for the students. For the elderly, we could perhaps reach out to GP's (family doctors) of the old people; they are usually concerned with this stuff. A step further: get special interest groups involved that support, for example, elderly who have a partner with Alzheimer, or who just lost their partner.

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